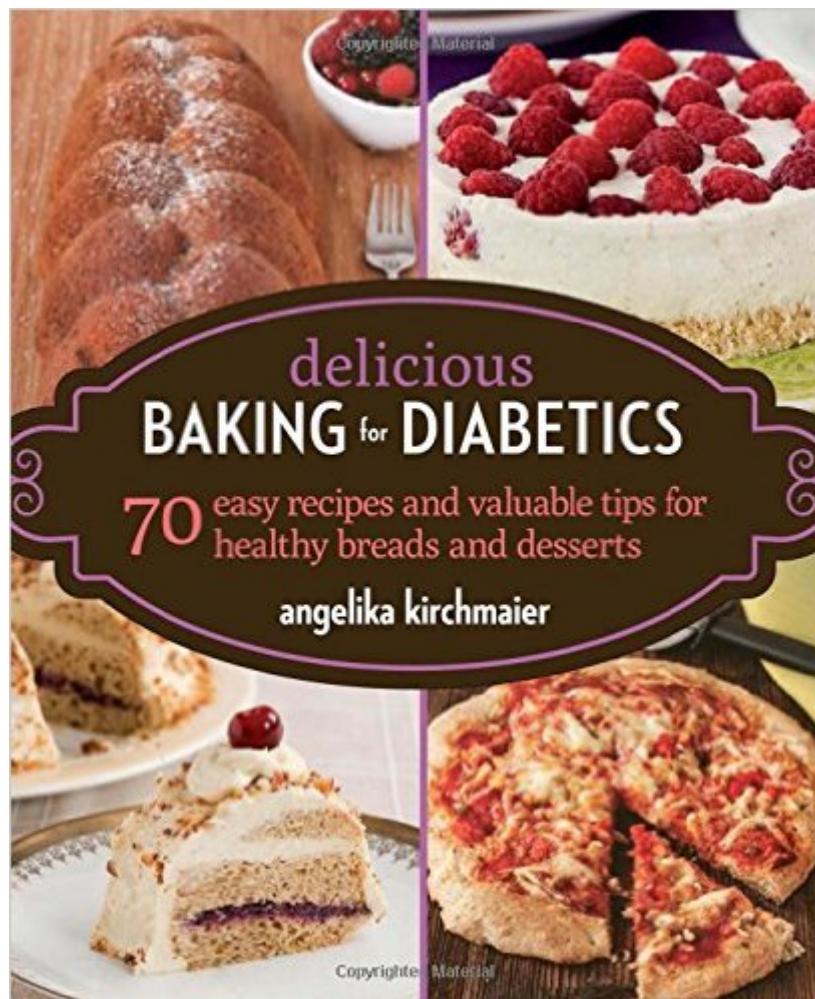


The book was found

Delicious Baking For Diabetics: 70 Easy Recipes And Valuable Tips For Healthy And Delicious Breads And Desserts



Synopsis

Do you miss eating sweets because you have diabetes? After reading the recipes in this book, that will be the thing of the past! Delicious Baking for Diabetics includes seventy easy-to-make desserts that will make you forget any feelings of missing out on eating sugar. Angelika Kirchmaier includes classics as well as creative recipes with conversion formulas to adapt ingredients to your own taste. Delicious Baking for Diabetics includes recipes for cakes, cookies, and breads including: Walnut croissants; Cashew biscuits; Chocolate truffles; Berry tarts; Zucchini cakes; Flourless pound cake; Vanilla chocolate raspberry cake; Spicy yogurt pancakes; Herb pizza. Detailed information explains what is important when baking dough and using ingredients, which sweeteners are acceptable, and which spices give that extra touch to cakes to make them really special. All recipes include amounts of protein, fats, carbohydrates, and carbohydrate moiety and exchange. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

Book Information

Paperback: 144 pages

Publisher: Skyhorse Publishing; Tra edition (May 20, 2014)

Language: English

ISBN-10: 1628737530

ISBN-13: 978-1628737530

Product Dimensions: 0.8 x 7.8 x 9.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (1 customer review)

Best Sellers Rank: #758,151 in Books (See Top 100 in Books) #245 in Books > Cookbooks, Food & Wine > Baking > Biscuits, Muffins & Scones #626 in Books > Cookbooks, Food & Wine > Special Diet > Diabetic & Sugar-Free #2042 in Books > Cookbooks, Food & Wine > Desserts

Customer Reviews

Good simple recipes.

[Download to continue reading...](#)

Delicious Baking for Diabetics: 70 Easy Recipes and Valuable Tips for Healthy and Delicious Breads and Desserts Whole Grain Baking Made Easy: Craft Delicious, Healthful Breads, Pastries, Desserts, and More - Including a Comprehensive Guide to Grinding Grains Baking with Whole Grains: Recipes, Tips, and Tricks for Baking Cookies, Cakes, Scones, Pies, Pizza, Breads, and More! Smoothies for Diabetics: 85+ Recipes of Blender Recipes: Diabetic & Sugar-Free Cooking, Heart Healthy Cooking, Detox Cleanse Diet, Smoothies for ... loss-detox smoothie recipes) (Volume 54) Delicious Holiday Treats: A Collection of Healthy Holiday Recipes (Dessert Recipes, Holiday, Seasonal, Desserts, Thanksgiving Recipes, Christmas Recipes) (Volume 1) Pie in the Sky Successful Baking at High Altitudes: 100 Cakes, Pies, Cookies, Breads, and Pastries Home-tested for Baking at Sea Level, 3,000, 5,000, 7,000, and 10,000 feet (and Anywhere in Between). Smoothies for Diabetics: Over 100 Quick & Easy Gluten Free Low Cholesterol Whole Foods Blender Recipes full of Antioxidants & Phytochemicals (Natural Weight Loss Transformation) (Volume 100) Kristen Suzanne's EASY Raw Vegan Dehydrating: Delicious & Easy Raw Food Recipes for Dehydrating Fruits, Vegetables, Nuts, Seeds, Pancakes, Crackers, Breads, Granola, Bars & Wraps The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more! Wood-Fired Oven Cookbook: 70 Recipes for Incredible Stone-Baked Pizzas and Breads, Roasts, Cakes and Desserts, All Specially Devised for the Outdoor Oven and Illustrated in Over 400 Photographs Everyday Grain-Free Baking: Over 100 Recipes for Deliciously Easy Grain-Free and Gluten-Free Baking The Juice Habit Made Easy: with tips, tricks & healthy fruit & vegetable recipes (The Personal Detox Coach's Simple Guide To Healthy Living Series) (Volume 1) Ketogenic Diet: 250+ Low-Carb, High-Fat Healthy Keto Recipes & Desserts + 100 Keto Tips, Tools, Resources & Mistakes to Avoid Microwave Cookbook: 40 Delicious, Healthy and Easy to Make Meal Recipes for Busy People (Quick and Easy Microwave Meal Recipes) Baking with Kids: Make Breads, Muffins, Cookies, Pies, Pizza Dough, and More! (Lab Series) The Art of Baking with Natural Yeast: Breads, Pancakes, Waffles, Cinnamon Rolls and Muffins Baking By Hand: Make the Best Artisanal Breads and Pastries Better Without a Mixer The Blender Girl: Super-Easy, Super-Healthy Meals, Snacks, Desserts, and Drinks--100 Gluten-Free, Vegan Recipes! The Healthy Hound Cookbook: Over 125 Easy Recipes for Healthy, Homemade Dog Food--Including

Grain-Free, Paleo, and Raw Recipes! Homemade Sweet and Savory Pies: Traditional Recipes Plus Low Carb, Ketogenic, Paleo, Vegetarian Pies and All You Need to Know about Baking (Low Carb Desserts & Homemade Pies)

[Dmca](#)